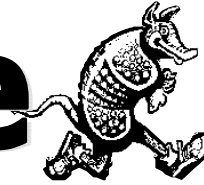




YOUTH DEVELOPMENT®
HEALTHY LIVING
SOCIAL RESPONSIBILITY



Monett Midway Regional Race



RACE DAY: The race will be held on Saturday September 28th, 2013. The 5K, 10K and 1 Mile fun run/walk will start at 8:30am.

THE COURSE: View course map on monettmidwayrace.com Certified course by Ozarks Racing Systems.

REGISTRATION INFO: Pre-register at Monett Area YMCA or any other six branches of Ozarks Regional YMCA or online at www.active.com. Or complete the attached registration form and send it to Monett Area YMCA 115 S Lincoln Ave. Monett, Mo 65708. Race day registration begins at 6:45am at Monett Area YMCA.

For more information contact Stacy at Monett Area YMCA 417-235-8213 or smckenzie@monettymca.org

PACKET PICK-UP: Race Day From 6:45—8:15am.

T-SHIRTS: All 5K, 10K and one mile participants who preregister by September 6th, 2013 will receive a T-shirt race morning. All participants who register after September 6th or sign up race morning will have to come and pick up their shirts or we will mail them to you. T-shirt sizes S-XXL.

PRIZES: All participants have a chance to win great prizes, Saving Bonds, Airline Tickets, Gift Certificates, Duffle bags, water bottles, T-shirts and More

RACE WINNERS: 5k and 10K male and female Overall race winner will receive an Armadillo Trophy and \$100.00 cash prize. Master winners for both 5K and 10K will win an Armadillo trophy

Custom-design medals will be awarded to 5K and 10K top three male and female winners in these age divisions: 10-19, 20-29, 30-39, 40-49, 50-59, 60-69 and 70 and over.

POST RACE: Stay for free food, prizes drawing and music.

5K/10K \$20 Pre-register

5K/10K \$25 day of race

One mile run/walk: \$8 includes shirt / \$5 (without Shirt)



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Registration:

Name _____ M/F Birth date _____ Age _____

Address _____ City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Email address _____

Please circle the event in which you will participate.

5K 10K 1 Mile Run/Walk

T-Shirt Size: SM MED LG XL XXL YM 10-12 YL 14-16

T-Shirt Color : Red, Black , Blue



Child Care:

Child care will be available to those who preregister. Please indicate the number of children that will be needing care and their ages.

Number of children: _____ Ages: _____

I understand and am aware that by participating in a physical activities, the potential for accidents does exist, in consideration for being allowed to participate in this YMCA program, I agree to defend and hold harmless Monett Area YMCA/ Ozarks Regional YMCA, its staff members and volunteers conducting the YMCA program from any and all claims, suits, losses, or related causes of action for damage, including but not limited to such claims that may result from injury or death, accidental or otherwise, during or arising in any way from YMCA program. I also understand that Monett Area YMCA/ Ozarks Regional YMCA may use for publicity and promotional purposes, my child's name or picture of him/her participating in this program. without obligations or liability's to me or my family.

Signature _____ Date _____